Lutheranism 101

Culture or confession?

By Robert C. Blezard

What does it mean to be Lutheran in the 21st century? A lot of people are asking that today and finding the answer in our theological heritage, which burst upon the 16th century religious landscape with a freshness and boldness.

EXERCISE 1: WHAT MAKES YOU LUTHERAN?

When you think of what it means to be a Lutheran, what comes to mind? List the things the study group comes up with. When you’ve completed the list, circle the ones that have to do with culture, such as ethnic food, language or history. Underline the ones that have to do with worship, such as hymnody, prayers or liturgy. Put a check next to the ones that have to do with theology, such as salvation, Scripture or grace. If an item seems to fall into more than one category, choose the one that is strongest.

• How many did you list in each category? What do the totals say about your experience of being Lutheran?

• Do your results point to areas where you would want to learn more? What are they? How might that strengthen your experience of being a Lutheran?

• How do the items in the categories interrelate?

• Go through the list from beginning to end and identify items you could eliminate and still have Lutheran identity. When you are done, what items are left? What does it say? How might this awareness guide your congregational council’s next planning meeting?

EXERCISE 2: QUESTIONS FOR LUTHERANS 1 — ‘HAVE YOU ACCEPTED CHRIST?’

You hear the question a lot: “Have you accepted Christ as your personal savior?” It’s the hallmark of so-called “decision theology”—that our salvation depends on us making a decision to become faithful people. For Lutherans the question makes no sense because the cornerstone of our theology is that we are saved entirely by God’s grace, not by any action on our part—even the action “to accept” that grace. We are saved by grace through our faith in God. But having faith isn’t to be construed as an action on our part, as Martin Luther notes in his explanation of the Apostle’s Creed in the Small Catechism:
“I believe that by my own understanding or strength I cannot believe in Jesus Christ my Lord or come to him, but instead the Holy Spirit has called me through the gospel, enlightened me with his gifts, made me holy and kept me in the true faith” (The Book of Concord, page 355; Fortress Press, 2000—new translation).

• According to Luther, what happens to give us faith?

• Who acts first—God or human beings?

• What does it mean to be “called through the gospel”? (This, by the way, is another key Lutheran concept—that it is through external means, such as hearing the gospel or partaking of the sacraments, that God calls human beings to faith.)

• What is the underlying theology behind the question, “Have you accepted Christ as your personal savior?” For those who ask the question, what is the “right” answer?

• But how would a Lutheran answer the question, “Have you accepted Christ as your personal savior?” Why?

EXERCISE 3: QUESTIONS FOR LUTHERANS II—‘HAVE YOU BEEN BORN AGAIN?’

This is another popular question these days because many Christians identify themselves as “born again.” Jesus does say in John 3:3-5 that no one can enter the kingdom of God unless they are born anew, or above; born of water and the Spirit. But he doesn’t exactly spell out how this happens. Many born-again Christians see it as a spiritual transformation that takes place after they have decided to enter the faith and undergo baptism. Notice how, as in the previous question, that in this view of baptism grace is imparted in response to a person’s decision. But Lutherans hold that it isn’t because of human decision that people are born again, but rather because of God’s decision to create us anew.

This is reflected well in the adaptation of Luther’s so-called “flood prayer” found in the rite of baptism (The Lutheran Book of Worship, page 122). For discussion, read and study this prayer.

• How does God use water in other dealings with people besides baptism?

• What is consistent about God’s use of water?

• What is the connection between Jesus’ death and our baptism?

• What is the connection between Jesus’ resurrection and our baptism?
• Whose choice is it to impart grace at baptism?

• How should Lutherans respond to the question, “Are you born again?”

**EXERCISE 4: THE MEANS OF GRACE**

How does God come to us, call us to faith, give us new life? Lutherans believe God comes to us exclusively through the word of God proclaimed, spoken and experienced in the sacraments—baptism and communion. These are called the “means of grace” and are explained in the 1997 ELCA social statement *The Use of the Means of Grace* (free download at www.elca.org/dcm/worship/worship/sacraments/ung.html). Believing in the external word of God, Lutherans trust in God’s promise that God will be present to us whenever we gather in the name of Jesus the Christ; the Scriptures are read and heard; the gospel is proclaimed through preaching, teaching or song; the sacraments are administered; absolution is proclaimed and received.

• How would you describe the means of grace?

• In what way do you think God is present to us through the means of grace?

• How does trust in the means of grace comfort, strengthen, encourage and ennoble our worship experience?

• How does trust in the means of grace help us and our ministers to stay focused?

**EXERCISE 5: THE LUTHERAN SOLUTION TO A SIN-SICK WORLD**

Lutheran theology, through the tenets of “justification by grace through faith,” as well as trust in the means of grace, believes that the central witness of Jesus Christ is that God pours grace upon us freely and preemptively. In other words, God doesn’t wait for us human beings to get our act together before loving us and saving us. God always takes the first step, and through Jesus the Christ has provided us with the means of our salvation and reconciliation.

• Lutheran theology holds that human beings can never do anything to deserve God’s favor, but God loves us anyway and pours grace upon us. How is this counterintuitive to how we human beings think?

• How does Lutheran theology of God’s preemptive grace stand in contrast with theologies of making a “decision for Christ” or earning God’s favor as a precondition for grace? How are these theologies easier to understand than the Lutheran understanding of salvation?

• For a world that is weary and wracked with sin, how is the Lutheran understanding of grace like a healing balm?
DISCUSSION QUESTIONS:

• If someone asked you what distinguished your Lutheran congregation from other denominations in town, would you be able to respond? What would you say?

• What does it mean to be a Lutheran? And how did you “learn to be Lutheran”? As a group, share together stories of how your identity as a Lutheran was formed.

• Does your congregation’s Christian education program offer classes and training in Lutheran identity and theology? If so, how? If not, why not?

• When you ponder the central theme of Lutheran theology—that we are saved by grace through faith alone—how does it make you feel? What do you think about? Does it inspire you to sin more, that God’s grace may abound, or to humble yourself before God and live a less sinful life? Why?

• For you, what is most important about Lutheranism?

FOR FURTHER STUDY:

Here are some resources for personal or group study:


• The Book of Concord, Robert Kolb and Timothy J. Wengert, eds., (Fortress Press, 2000).

• One Great Cloud of Witnesses by Lowell G. Almen (Augsburg Fortress, 2001).

• Reclaiming the ‘L’ Word: Renewing the Church from its Lutheran Core by Kelly Fryer (Augsburg Fortress, 2003).


What does it mean to be Lutheran? For many in the ELCA who’ve grown up Lutheran, religious identity is intertwined with a sense of family and cultural traditions: beer and brats for some, lefse and lutefisk for others, familiar liturgy and hymns for all. But the shape of Lutheranism is changing.

While the majority of Lutherans worldwide still live in Northern Europe, Lutheranism is growing rapidly in other parts of the world, according to the Lutheran World Federation. Today there are almost as many Lutherans in Asia and the Middle East (7.4 million) as there are in North America (8.1 million), and there are more Lutherans in Africa (15 million) than there are in Germany (13 million).

So what does it mean to be Lutheran, beyond cultural heritage or geographical location?

During the 16th century, Martin Luther challenged the teachings, practices and structures of the Roman Catholic Church. He insisted that the central message of Christianity is the good news that sinners become reconciled to God by grace through faith because of the saving work of Jesus Christ.

It’s important to remember that Luther didn’t intend to start a new church. He wanted to reform the existing church so the gospel message was communicated clearly and so the life of the church reflected that gospel center. Lutherans organized into a separate church only after the Roman Catholic Church repeatedly rejected Luther’s views.
'Lutheran' as insult

The word “Lutheran” actually began as an insult used by Luther’s opponents. Luther later tried to discourage his supporters from calling themselves Lutherans since they really follow Jesus Christ, not Martin Luther.

“What is Luther?” he once wrote. “After all, the teaching is not mine. Neither was I crucified for anyone.”

It was the gospel message that remained central for Luther, not his leadership. In a sermon preached in Wittenberg shortly after his return from Wartburg Castle, Luther insisted: “I simply taught, preached and wrote God’s Word. I did nothing; the Word did everything.”

If not “Lutheran,” how did Luther and his supporters identify themselves and their reform movement? They tended to use the term “evangelical,” which means simply gospel or good news.

As “evangelical” Christians, they understood themselves in light of the gospel, in contrast to “papal” Christians whose identity was rooted in their relationship with church structures and authority centered in Rome, especially the pope.

One important result of this commitment to communicating the gospel clearly was that Lutherans quickly translated the Scriptures and the worship service from the church’s official language, Latin, into the language used by the people.

While Luther’s ideas and writings were at the heart and core of this evangelical reform movement, Luther worked collaboratively with other pastors and teachers. His views also received support from civic leaders within the German territories who were interested in promoting a Christian church that was German, not Roman.

As the evangelical reform movement grew, certain writings were adopted as essential statements of Lutheranism. One of the most influential documents is the Augsburg Confession, which was written by Luther’s colleague Philipp Melanchthon and presented at a meeting with the emperor of the Holy Roman Empire in 1530. It was signed by seven territorial rulers and by the mayor and council of two cities.

In 1580, after both Luther’s and Melanchthon’s deaths, evangelical leaders gathered the statements of faith they considered normative for Lutheran Christians and published them as The Book of Concord. This collection was signed by 51 territorial rulers and by 35 city councils.

This act of signing one’s name to a statement of faith is called confessional subscription. The phrase may sound odd, but actually the idea of a magazine or newspaper subscription is a helpful comparison. There are many, many periodicals available. The ones we subscribe to are those we want to receive and to be engaged with regularly. To this day, Lutheran pastors and other rostered leaders promise to preach, teach and fulfill their duties in accordance with the Lutheran confessions.

Core Lutheran themes

What are the most distinctive themes of Lutheran theology?

- **Justification by grace through faith for Christ’s sake**

  This, for Lutherans, is the heart of the gospel. Stated concisely in the fourth article of the Augsburg Confession, it’s so central that it has been called “the article by which the church stands or falls.”

  Both Lutherans and Roman Catholics believed God’s grace was essential for salvation, but they had different understandings of the way grace works.

  Relying on Paul’s letters to the Romans and to the Galatians, Luther insisted that faith is key. His understanding of faith isn’t primarily intellectual (having the right knowledge about God) or emotional (how hard or how sincerely one believes). Instead, faith is relational: It’s a form of trust. We are justified through faith because faith alone trusts God’s promise of forgiveness for Christ’s sake.

- **Law and gospel**

  Lutherans have a distinctive way of reading the Scriptures, based on Luther’s insight that God’s word comes to us in two forms — law and gospel. The law as command tells people what they should do. The gospel as promise tells us what God in Christ has already done for us.

  God’s law functions in several ways: It structures human life by protecting and promoting good and limiting and punishing wrong. The law also functions theologically, as a mirror, or as a doctor’s diagnosis, to show us our sinfulness and our need for God’s grace in Christ.

  Because we are sinners, God’s law always accuses us; only the gospel frees us. As Luther puts it: “The law says, ‘do this,’ and it is never done. Grace says, ‘believe in this,’ and everything is already done.”

- **Means of grace**

  The Augsburg Confession describes word and sacrament as the “means of grace.” The word “means” refers to how things actually happen. We refer to different means of communication, means of transportation, etc. By calling word and sacrament means
of grace, we are saying: “This is how and where grace happens.” When the good news is preached, when someone is baptized, when we receive the Lord’s Supper, grace happens.

This means that worship is vitally important for Lutherans. It forms our identity as Christians. The Augsburg Confession even defines the Christian church as the assembly of believers around gospel and sacrament.

- **Theology of the cross**
Theology of the cross refers not just to the events of Good Friday. It also refers to a cross-centered approach to theology that stands in opposition to a “theology of glory” focused on the power and majesty of God abstracted from God’s action in history.

A theology of glory looks up and says, “God’s in heaven and all’s well with the world.” A theology of the cross, in contrast, keeps its feet firmly planted on our broken Earth and says, “God was in Christ reconciling the world to God.” The incarnation witnesses to a God who puts aside divine characteristics to become human, to suffer and to die.

The God who chooses to come down from heaven chooses not to come down from the cross. The theology of the cross is a constant critique of human expectations. While the cross is a scandal to nonbelievers, Christians confess that God’s saving power works precisely through such weakness (1 Corinthians 1:23-25, 2 Corinthians 12:9).

- **Saint and sinner**
Luther described Christians as “simultaneously saint and sinner.” Some religious traditions distinguish between “saints,” who obey God’s will, and “sinners,” who disobey. Lutherans cling to a *both/and* understanding of Christian identity that redefines the word “saint”: a saint is a forgiven sinner.

Our dual identity as saints and sinners reminds us that our righteousness always depends on God’s grace, never on our own religious behavior. At the same time, our recognition that sin, while forgiven, remains a powerful force in the world and in ourselves gives us a realistic ability to confront cruelty and evil, confident that God will have the last word.

As Luther once wrote to Melanchthon, “Be a sinner and sin boldly, but believe and rejoice in Christ even more boldly, for he is victorious over sin, death, and the world.”

- **Vocation**
The term “vocation” literally means “calling.” Until Luther’s time it was used primarily to refer to those with a special religious calling to be a priest, monk or nun. Luther expanded the idea to include all Christians.

First, Luther affirmed that all Christians are priests. This “priesthood of all believers” doesn’t mean that we each have an individual pipeline to God but that we all have a responsibility to teach and to pray for others.

Second, Luther affirmed that all human work is a calling from God if done in faith and for the service of neighbor. According to Luther, God doesn’t need our good works, but people do. Christian faith, then, should express itself in how we live in our professions, in our family relationships and as citizens, since these are all arenas for the service of neighbor.

- **Contextual theology**
The Greek word *diaconos*, often translated in the New Testament as “minister” or “servant,” can also refer to a waiter. This image reminds us how essential it is for the food to reach the hungry diners at the table. No matter how exquisite the chef or the food, it’s no good if the meal stays in the kitchen. Similarly, the church needs to deliver the goods. In *The Freedom of a Christian*, Luther insists that it’s not enough simply to acknowledge that Christ is Christ. Instead, the purpose of preaching is to make the connection, to deliver the goods so Christ may “be Christ for you and me.”

From the beginning the Reformation was committed to delivering the goods, to continuing the work of Pentecost by allowing people to hear the good news firsthand. Luther was fluent in several languages. Even more important, he had fluency with several different populations: He wrote in Latin to reach academics and church leaders, but he wrote in German to reach regular people.

Already during Luther’s lifetime, Lutheranism spread to the Scandinavian countries. Just as Luther had translated the Scriptures and the worship service into German, Scandinavian evangelicals translated these—along with Luther’s *Small Catechism*—into their languages.

As Lutherans came to North America, they faced several significant challenges. One was the transition away from the European model of a state-supported church. The idea of individual freedom of religion is relatively modern. After the Reformation, church and state were still integrated: The difference was that some states remained Roman Catholic while others were now Protestant.

In places where the Lutheran confession of faith was embraced, churches became national churches rather than regional branches of the Roman church.

The pluralism of the American denominational context challenged Lutherans who were used to being part of an established church. While more recent denominations like Baptists and United Methodists grew through evangelical, Lutheran church
growth was largely the result of new waves of immigration from Germany and Scandinavia.

Another challenge was the issue of cultural translation. Lutherans in the U.S. organized according to shared language and culture but soon found themselves asking, “What does it mean to be an American Lutheran?” What’s the relationship between Lutheran confession and culture? This question shaped the self-understanding of individual communities but also affected their relationships with other Lutherans.

American Lutherans eventually overcame most of the cultural, structural and practical issues that separated them. The ELCA is the result of a process of focusing increasingly on what the Augsburg Confession
identifies as the core criteria for the church and its unity: the assembly of believers around word and sacrament. It’s not the beer and brats or the lefse and lutefisk that unites us or divides us—it’s the good news of God’s grace for us in word, in water, and in bread and wine.

This focus on the core also shapes our ecumenical relationships with other Christian denominations. We aren’t abandoning our identity as Lutherans. Rather, rooted in our common understanding of the gospel we are free to worship and work together with other Christians.

Unfortunately, while American Lutherans have moved beyond our ethnocentrism, we haven’t been as successful in overcoming the legacy of our state-church heritage. Lutheran church membership in the U.S. is in a slow decline. Ironically, a church that was born “evangelical” hasn’t been as intentional or effective as other denominations about actual evangelism.

We can learn much from Lutherans in other cultures. What are the Lutheran churches in Tanzania and Ethiopia and elsewhere doing right? Their astonishing growth suggests they’re communicating the gospel message persuasively rather than perpetuating the northern European subcultures we’ve too often equated with the name “Lutheran.”

Lutherans should welcome the opportunity to be multilingual and multicultural, to reach out actively and clearly to proclaim the good news of Jesus Christ in ways that invite other people to hear, trust and respond to the same promise that we have received.

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Our Reformation moment

Can we learn to speak and live the gospel in the 21st century?

By Tom Lyberg

Lutherans aren’t usually considered to be cutting edge. Like author Garrison Keillor’s Lake Wobegon, our stereotype is that of quiet Christians who don’t like change and inhabit the small towns of both geography and faith. Something of a throwback to the early 20th century, we are portrayed as humble people who preserved a 17th century tradition of liturgy and theology but are best known for choral singing and potlucks.

Imagine my surprise when church futurist Leonard Sweet told me that Lutherans are best equipped to reach postmodern generations—they just don’t realize it.

As he points out, Lutherans have reformation built into their DNA. Lutherans have preserved the premodern emphasis on the relational mystery of the eucharist, while embracing the modern focus on the word (part

Kleinhans, an ELCA pastor, teaches theology at Wartburg College, Waverly, Iowa, and to adult learners at various lay schools and synod assemblies.
of the postmodern synthesis of faith). And our Lutheran theology pivots on a doctrine of radical, unconditional grace—a crying need of the postmodern faith journey.

The problem is that we have forgotten our heritage or have made it unbelievably boring. Words like transformational, emergent and postmodern are often treated as simply the latest fads in church and theology. Such movements come and go, usually without much Lutheran participation. Many of us aren’t sure what these words even mean (see story at right).

However, I would suggest that we are looking at a reformation moment, that the streams of ministry represented by words like these are really all about the same thing—learning the cultural context of the 21st century world and being able to speak and live the gospel within it relationally.

In that sense, it’s no different being the church in any other time or place. We are to incarnate Christ in individual people, in the gathering of the saints and in the communities we are called to serve.

The change is the movement away from constantly recycling lapsed Lutherans to making new disciples of generations that are disconnected with any faith journey with Jesus.

As with Martin Luther when he popularized the power of the printing press to bring the Bible to people in their own language (in a time when that was punishable by death), Lutherans in a postmodern world need to embrace the digital technologies of communication of this world if they hope to speak the gospel to it.

It’s more than just a generational shift: We live in a time when human communication itself is reforming.

Take video, for example. For folks coming out of modern generations or perspectives, video is entertainment. It’s one-way communication where images and audio are delivered to you in a movie theater or through television. Consequently, video projection isn’t seen as helpful in worship but rather a reminder of workweek PowerPoint driven meetings and less-than-reverent worship services.

Yet the very people who take such positions do worship in Lutheran sanctuaries surrounded by stained-glass windows, banners, sculpture.

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New words for today

The vocabulary of the church is in the process of some change, with new words being used to describe the different approaches and styles of doing mission in the 21st century. Definitions of three of these terms follow.

- **Postmodern:** The perspectives, values and culture of people born since 1964—GenX and Millennials. They are significantly different from those of previous generations in North America.
- **Transformational:** The process of leading existing congregations with set and increasingly ineffective styles and patterns of worship and community life into new models for Great Commission ministry in their changing local settings. See www.transformingchurch.com.
- **Emergent:** The ministry of congregations and leaders committed to engaging people with the gospel in the terms, images and perspectives of postmodern generations—including a radical blend of ancient church practices with future technology and culture. See www.emergingleadersnetwork.org.

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Church of the Apostles, Seattle

This is what worship at this “emergent” congregation looks like, as participants light candles during a sanctorum service. In liturgy and theology we are “1,000 percent Lutheran,” said Karen Ward, pastor, who came to Seattle three years ago to develop Church of the Apostles.

Being Lutheran includes what Ward called a “radical inhabitation of [Martin] Luther’s ‘priesthood of all believers.’” That plays out here with leadership of the more than 60 members who understand themselves to be “a radically practicing community of baptismally ordained priests.” Ward said this community connects with people who say they are “spiritual but church wary.”

To learn more about this congregation that describes itself as a “future church with an ancient faith,” see www.apostleschurch.org.

Tom Lyberg
and artwork—the two-way, inspirational communication of the modern and premodern world.

But for postmodern generations, video is two-way communication and totally relational. Consider the popularity of TV shows such as Dancing with the Stars and American Idol, in which the audience is a key participant, not simply an observer. Video is digital, delivered via the Internet. It’s how new generations communicate in a relational blend of image and word that mediums like MTV, Starbucks and Wall Street advertisers have mastered—and the church is just beginning to discover.

Video, podcasting, text messaging, blogging and so much more are the ways in which authentic relationships are formed between people in the postmodern world. And so they need also to become vehicles of reforming the ELCA for creating pathways for authentic relationships with Jesus Christ in a postmodern world.

**Cry for love**

But postmodern communication is just part of the shift. The message is key, and it goes beyond knowing Luther’s explanations from his Small Catechism.

The postmodern world isn’t a hopeful one: It is marked by disrupted families, uncertain employment transitions, global terrorism and scientific/technological change at a quantum rate. Amid this swirling world, personal significance dwindles. There is cry heard in the literature, art and music of recent decades for personal relationships that matter, for forgiveness, for love. What is more clear and meaningful than a gospel of “justification by grace through faith,” of unconditional love in Jesus Christ? What could be more Lutheran? It’s a Spirit opportunity that is being laid at the doorstep of each of our congregations.

“Postmodern Lutherans” does not need to be an oxymoron. There are an ever-increasing number of congregations in the ELCA that prove it, congregations that could be labeled “traditional” and “contemporary,” “emergent” and “transformational.”

These Lutheran congregations are not defined by worship styles, geographic location or age of their members.

Rather, they all are continuing the journey of Paul at Mars Hill, proclaiming the unknown god to a searching society. They are following Luther in setting the Scripture free into the language of the people. They are walking the road with Jesus into the 21st century with the gifts of gospel and heritage—gifts to a world hungry for what we have experienced.

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**Iglesia Luterana Santa Cruz, Santa Maria, Calif.**

Before beginning a new season in the fields along the California coast, workers like Feliciana Zaragoza come to Iglesia Luterana Santa Cruz for a service of blessing on their labors. “Spring planting, it’s a very important time,” said Patricia Muran, pastor, who gives each person a wooden cross to remind them of God’s care.

The mission is a grass-roots effort, started in 2001 by nine ELCA congregations in the region, supported by the Southwest California Synod and the ELCA. The people have roots in Oaxaca, Mexico, and many are second generation in the U.S. But most have little education, none beyond the sixth grade. Many among the 65 regular worshipers now also come to the literacy center to study English. “They’re moving on, motivated because they believe God loves them,” Muran said.